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## 2019 EP INTERPROVINCIAL - PE (2019-10-19)

### RESULTS

#### Under 8 Boys

**SA Record = 3500** (Not Applicable - 2018) **Provincial Record = 2335.7** (Bjorn Maree - 2019-02-20) **Open Record = 2316.7** (Tiaan Wessels - 2018-10-20)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	7279	Hanre	Vermaak	EP A Team	01:25.84	1135.8	00:20.58	1144.2	2280
2	5136	Logan	Bezuidenhout	EP A Team	01:23.02	1149.9	00:23.68	1113.2	2263.1
3	7910	Daniel	Coetzee	EP A Team	01:19.62	1166.9	00:27.09	1079.1	2246
4	5685	Richardt	Von Mansberg	EP A Team	01:28.56	1122.2	00:24.56	1104.4	2226.6
5	5185	Christiaan	Slabbert	EP B Team	01:18.40	1173	00:31.71	1032.9	2205.9
6	9366	Joshua	Richter	EP A Team	01:37.46	1077.7	00:24.91	1100.9	2178.6
7	5611	Nicolas	Muller	EP B Team	01:28.97	1120.15	00:29.26	1057.4	2177.55
8	4911	Eben	Lubbe	EP B Team	01:36.18	1084.1	00:27.23	1077.7	2161.8
9	90079	Sias	Poggenpoel	EDEN A Team	01:28.19	1124.05	00:33.47	1015.3	2139.35
10	90023	Ruan	Share	EDEN A Team	01:31.31	1108.45	00:33.72	1012.8	2121.25
11	8855	Hiram	Robertson	EP B Team	01:31.07	1109.65	00:34.71	1002.9	2112.55
12	90082	Martin	Roux	EDEN A Team	01:27.50	1127.5	00:38.50	965	2092.5
13	90081	Altus	Poggenpoel	EDEN B Team	01:45.52	1037.4	00:40.87	941.3	1978.7
14	5471	Reghardt	Van Zyl	EP B Team	01:50.90	1010.5	00:46.34	886.6	1897.1

#### Under 8 Girls

**SA Record = 3500** (Not Applicable - 2018) **Provincial Record = 2323.7** (Kayleigh Marais - 2019-10-19) **Open Record = 2323.7** (Kayleigh Marais - 2019-10-19)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	1275	Kayleigh	Marais	EP A Team	01:21.88	1180.6	00:20.69	1143.1	2323.7 (prov) (open)
2	7255	Katryn	Landsberg	EP A Team	01:26.72	1156.4	00:20.56	1144.4	2300.8
3	6911	Emma	Ferreira	EP A Team	01:26.93	1155.35	00:24.22	1107.8	2263.15
4	7363	Katelyn	Kretzmann	EP A Team	01:32.03	1129.85	00:23.22	1117.8	2247.65
5	6129	Klara	van Jaarsveld	EP B Team	01:35.38	1113.1	00:27.40	1076	2189.1
6	6347	Liane	Muller	EP A Team	01:40.75	1086.25	00:26.85	1081.5	2167.75
7	71106	Ella	Van Viegen	SFS A Team	01:48.68	1046.6	00:24.63	1103.7	2150.3
8	90119	Engela	De Wet	EDEN A Team	01:42.99	1075.05	00:29.84	1051.6	2126.65
9	6532	Katelyn	O'Neill	EP B Team	01:38.83	1095.85	00:32.63	1023.7	2119.55

#### Under 9 Boys

**SA Record = 2487.48** (Thomas Van Der Merwe (BOL) - 2019) **Provincial Record = 2456.52** (Danny Baxter - 2019-03-30) **Open Record = 2352.19** (Ruben Gouws - 2017-10-28)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	90121	Conraad	Gouws	EDEN A Team	02:40.69	1181.55	00:40.21	1140.64	2322.19
2	8481	Bjorn	Maree	EP A Team	02:44.50	1162.5	00:39.52	1151.68	2314.18
3	7109	Connor	Mote	EP A Team	02:44.17	1164.15	00:42.19	1108.96	2273.11
4	20727	Jake	Peirson	BOR A Team	02:54.36	1113.2	00:41.06	1127.04	2240.24
5	7280	Arno	Nortjie	EP A Team	02:58.18	1094.1	00:47.43	1025.12	2119.22
6	71160	Eicker	van der Westhuizen	SFS A Team	02:69.96	1035.2	00:46.57	1038.88	2074.08

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
7	7645	Jakobus	Reynolds	EP A Team	03:04.27	1063.65	00:49.60	990.4	2054.05
8	5559	Charl	Geissler	EP B Team	03:13.55	1017.25	00:46.97	1032.48	2049.73
9	5920	Connor	Kemp	EP B Team	03:02.65	1071.75	00:51.28	963.52	2035.27
10	20718	Daniel	Smith	BOR A Team	03:03.87	1065.65	00:52.29	947.36	2013.01
11	5919	Caylem	Kemp	EP B Team	03:03.48	1067.6	00:55.56	895.04	1962.64
12	20796	Mthuthuzeli	Lujabe	BOR A Team	03:48.51	842.45	00:57.81	859.04	1701.49

## Under 9 Girls

SA Record = 2462 (Keira Van Heerden (EP) - 2017) Provincial Record = 2472 (Stored Record - Previous) Open Record = 2390 (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	20722	Camilla	Heuer	BOR A Team	02:59.97	1160.15	00:35.53	1215.52	2375.67
2	20754	Erin	Weimann	BOR A Team	03:01.33	1153.35	00:43.00	1096	2249.35
3	9059	Sophia	Jansen	EP A Team	03:05.44	1132.8	00:45.03	1063.52	2196.32
4	90065	Emma	Loubser	EDEN A Team	03:16.54	1077.3	00:42.34	1106.56	2183.86
5	1259	Kaitlyn	Richter	EP A Team	03:05.64	1131.8	00:48.56	1007.04	2138.84
6	20755	Lily	Collins	BOR A Team	03:33.68	991.6	00:44.91	1065.44	2057.04
7	20756	Olothando	Ndzundzu	BOR A Team	03:43.59	942.05	00:45.51	1055.84	1997.89
8	8935	Annabelle	Kemp	EP C Team	03:30.81	1005.95	00:50.78	971.52	1977.47
9	90064	Klara	Loubser	EDEN A Team	03:50.18	909.1	00:48.22	1012.48	1921.58
10	90120	Bea	Strydom	EDEN A Team	00:00.00	0	00:48.56	1007.04	DNF

## Under 11 Boys

SA Record = 2455 (Joshue Eccles (CG) - 2018) Provincial Record = 2438 (Stored Record - Previous) Open Record = 2391.46 (Benjamin Arnold - 2018-10-20)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	1265	Danny	Baxter	EP A Team	02:41.91	1140.45	00:33.02	1207.68	2348.13
2	1183	Pierre-Daniel	Jacobs	EP A Team	02:39.49	1152.55	00:34.25	1188	2340.55
3	1204	Nathan	Appels	EP A Team	02:43.03	1134.85	00:38.97	1112.48	2247.33
4	20790	Mishan	Keshaw	BOR A Team	02:45.11	1124.45	00:38.63	1117.92	2242.37
5	90070	Ryan Erwin	Nagel	EDEN A Team	02:51.04	1094.8	00:37.94	1128.96	2223.76
6	8540	Kellen	Jones	EP A Team	02:54.63	1076.85	00:37.25	1140	2216.85
7	90125	Quintus	Lutsch	EDEN A Team	02:35.81	1170.95	00:43.87	1034.08	2205.03
8	20783	Wyl	Wright	BOR A Team	03:01.44	1042.8	00:38.25	1124	2166.8
9	20750	Liam	Viviers	BOR A Team	02:56.13	1069.35	00:40.07	1094.88	2164.23
10	1199	Alexander	Serfontein	EP A Team	02:59.24	1053.8	00:40.52	1087.68	2141.48
11	7982	Archie	Rabie	EP B Team	02:48.63	1106.85	00:44.47	1024.48	2131.33
12	1283	Simon	Landsberg	EP B Team	03:07.74	1011.3	00:38.97	1112.48	2123.78
13	71151	Philip	Le Roux	SFS A Team	02:58.17	1059.15	00:42.13	1061.92	2121.07
14	1214	Joshua	Marais	EP B Team	03:02.10	1039.5	00:41.13	1077.92	2117.42
15	90021	De Villiers	Lamprecht	EDEN A Team	02:57.36	1063.2	00:44.69	1020.96	2084.16
16	90087	Caleb	Olivier	EDEN A Team	02:53.57	1082.15	00:46.66	989.44	2071.59
17	90043	Johannes	Brink	EDEN B Team	02:54.11	1079.45	00:46.62	990.08	2069.53
18	5547	Francois	Naude	EP C Team	03:11.32	993.4	00:42.20	1060.8	2054.2
19	5554	Wihan	Muller	EP B Team	03:12.67	986.65	00:42.90	1049.6	2036.25
20	9574	Johan	Viljoen	EP B Team	02:50.70	1096.5	00:52.22	900.48	1996.98
21	6109	Le Roux	Muller	EP C Team	03:14.89	975.55	00:46.50	992	1967.55
22	8136	Zack	Slabbert	EP C Team	02:45.94	1120.3	00:58.10	806.4	1926.7
23	5840	Christian	Theron	EP C Team	03:13.61	981.95	00:49.49	944.16	1926.11
24	8354	Ryan	Landman	EP C Team	03:23.27	933.65	00:49.72	940.48	1874.13
25	90019	Jan-Hendrik	Lamprecht	EDEN B Team	03:53.39	783.05	00:44.38	1025.92	1808.97
26	20785	Cingokuhle	Gogela	BOR A Team	04:14.28	750	01:10.52	607.68	1357.68

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
27	20810	Rory	Stones	BOR B Team	04:24.68	626.6	01:54.17	0	626.6

## Under 11 Girls

**SA Record = 2458.60** (Keira Van Heerden (EP) - 2019) **Provincial Record = 2458.6** (Keira Van Heerden - 2019-03-30) **Open Record = 2417.48** (Keira Van Heerden - 2018-10-20)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	90045	Karli	Lotter	EDEN A Team	02:42.27	1168.65	00:35.71	1164.64	2333.29
2	20730	Hannah	Hattingh	BOR A Team	02:56.96	1095.2	00:34.53	1183.52	2278.72
3	20729	Emily	Hattingh	BOR A Team	03:05.99	1050.05	00:37.34	1138.56	2188.61
4	90066	Mela	Loubser	EDEN A Team	03:00.02	1079.9	00:39.30	1107.2	2187.1
5	2710	Mia	Botha	EP A Team	02:54.81	1105.95	00:41.97	1064.48	2170.43
6	1242	Elme	Vermaak	EP A Team	03:15.39	1003.05	00:39.11	1110.24	2113.29
7	20798	Saffron	Stanyon	BOR A Team	02:58.55	1087.25	00:45.57	1006.88	2094.13
8	9742	Tatum	Dace	EP B Team	03:31.91	920.45	00:35.88	1161.92	2082.37
9	1236	Ane	Minnaar	EP A Team	03:11.56	1022.2	00:42.25	1060	2082.2
10	20795	Sinothando	Lujabe	BOR A Team	03:10.37	1028.15	00:42.76	1051.84	2079.99
11	1279	Lienke	Els	EP A Team	03:18.67	986.65	00:40.72	1084.48	2071.13
12	20794	Sinovuyo	Lujabe	BOR A Team	03:07.58	1042.1	00:45.87	1002.08	2044.18
13	5998	Juane	Deysel	EP A Team	03:20.74	976.3	00:41.90	1065.6	2041.9
14	90044	Adri	Duvenhage	EDEN A Team	03:10.64	1026.8	00:46.69	988.96	2015.76
15	8086	Simonne	Von Mansberg	EP B Team	03:16.35	998.25	00:47.59	974.56	1972.81
16	90128	Lila	Koen	EDEN A Team	03:13.46	1012.7	00:50.44	928.96	1941.66
17	20800	Shaelyn	Lawson	BOR B Team	03:25.15	954.25	00:48.15	965.6	1919.85
18	8046	Mieke	Van Staden	EP B Team	03:18.02	989.9	00:53.35	882.4	1872.3
19	20801	Chadlyn	Johannes	BOR B Team	03:23.17	964.15	00:52.10	902.4	1866.55
20	9740	Kayla	Scheepers	EP C Team	03:48.04	839.8	00:44.54	1023.36	1863.16
21	5402	Rebecca	Copeman	EP C Team	03:21.45	972.75	00:54.92	857.28	1830.03
22	90027	Emma	Swart	EDEN B Team	04:10.43	727.85	00:39.81	1099.04	1826.89
23	7561	Eres	Pio	EP C Team	03:31.67	921.65	00:52.28	899.52	1821.17
24	9308	Makayla	Walters	EP C Team	03:49.96	830.2	00:49.16	949.44	1779.64

## Under 13 Boys

**SA Record = 2507** (Jannie Briers-Louw - 2007) **Provincial Record = 2413** (Stored Record - Previous) **Open Record = 2432** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	9536	Juwan	Wium	EP A Team	04:09.19	1059.05	01:06.47	1195.3	2254.35
2	20634	Liam	Prime	BOR A Team	03:55.93	1125.35	01:14.37	1116.3	2241.65
3	90017	Morgan	Jones	EDEN A Team	03:59.43	1107.85	01:18.75	1072.5	2180.35
4	90034	Hanru	Kuun	EDEN A Team	04:03.28	1088.6	01:18.31	1076.9	2165.5
5	953	Tristan	Marais	EP A Team	04:06.55	1072.25	01:16.78	1092.2	2164.45
6	6134	Zac	Fletcher	EP A Team	04:10.71	1051.45	01:17.63	1083.7	2135.15
7	1282	Kaidin	Kretzmann	EP A Team	04:00.08	1104.6	01:23.95	1020.5	2125.1
8	70774	Peter	Van Viegen	SFS A Team	04:16.02	1024.9	01:16.69	1093.1	2118
9	1050	Steffan	Rademeyer	EP B Team	04:25.99	975.05	01:14.37	1116.3	2091.35
10	70844	Christopher	Cilliers	SFS A Team	04:23.02	989.9	01:16.13	1098.7	2088.6
11	1043	Ludgen	Le Roux	EP B Team	04:26.59	972.05	01:16.88	1091.2	2063.25
12	941	Daniel	Richter	EP A Team	04:27.41	967.95	01:19.92	1060.8	2028.75
13	90076	Ruben	Ferreira	EDEN A Team	04:17.76	1016.2	01:28.84	971.6	1987.8
14	90028	Sebastian	Swart	EDEN A Team	04:47.36	868.2	01:14.52	1114.8	1983
15	20691	Avuzwa	Ndzundzu	BOR A Team	04:28.13	964.35	01:28.63	973.7	1938.05
16	20628	Liyema	Zonke	BOR A Team	04:34.22	933.9	01:27.48	985.2	1919.1
17	90074	Liam	Julyan	EDEN B Team	04:29.82	955.9	01:36.42	895.8	1851.7

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
18	5332	Ryan	Van der Merwe	EP C Team	04:55.32	828.4	01:37.66	883.4	1711.8
19	7347	Daniel	Nash	EP C Team	04:55.52	827.4	01:38.31	876.9	1704.3
20	5781	Bradley	Mileman	EP C Team	04:49.97	855.15	01:41.31	846.9	1702.05

## Under 13 Girls

**SA Record = 2490** (Gillian Curr - 1995) **Provincial Record = 2423** (Stored Record - Previous) **Open Record = 2421** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	20748	Isabella	Stanyon	BOR A Team	03:12.26	1193.7	01:13.16	1148.4	2342.1
2	70604	Donna	Le Roux	SFS A Team	03:18.83	1160.85	01:10.62	1173.8	2334.65
3	1025	Jenna	Coetzee	EP A Team	03:20.54	1152.3	01:10.75	1172.5	2324.8
4	2704	Myra	Viduya	EP A Team	03:30.79	1101.05	01:08.91	1190.9	2291.95
5	90133	Lome	Gouws	EDEN A Team	03:16.57	1172.15	01:16.41	1115.9	2288.05
6	1138	Marony	Jacobs	EP A Team	03:28.31	1113.45	01:13.73	1142.7	2256.15
7	1264	Kaitlyn	Baxter	EP B Team	03:31.08	1099.6	01:13.72	1142.8	2242.4
8	90032	Melissa	Kuun	EDEN A Team	03:39.83	1055.85	01:11.50	1165	2220.85
9	9573	Kiara	Croft	EP A Team	03:46.11	1024.45	01:08.87	1191.3	2215.75
10	90047	Marelle	Duvenhage	EDEN A Team	03:26.87	1120.65	01:19.20	1088	2208.65
11	1009	Megan Anne	Hough	EP A Team	03:31.72	1096.4	01:17.38	1106.2	2202.6
12	90069	Lucy Jane	Nagel	EDEN A Team	03:40.77	1051.15	01:16.75	1112.5	2163.65
13	90137	Kari	Griffioen	EDEN A Team	03:32.76	1091.2	01:26.16	1018.4	2109.6
14	20749	Hannah	Viviers	BOR A Team	04:01.17	949.15	01:21.34	1066.6	2015.75
15	1278	Teneal	Els	EP B Team	03:49.82	1005.9	01:28.07	999.3	2005.2
16	20804	Naledi	Headbush	BOR A Team	03:33.53	1087.35	01:40.66	873.4	1960.75
17	1131	Anri	De Beer	EP B Team	04:23.31	838.45	01:17.06	1109.4	1947.85
18	7627	Zia	Ferreira	EP B Team	03:54.77	981.15	01:31.34	966.6	1947.75
19	9861	Mari	Geissler	EP B Team	03:59.99	955.05	01:29.20	988	1943.05
20	1263	Alouise	Vosloo	EP C Team	03:53.35	988.25	01:32.72	952.8	1941.05
21	20806	Tyla-Jade	Lowe	BOR A Team	04:20.37	853.15	01:55.97	720.3	1573.45

## Under 15 Boys

**SA Record = 2422.70** (Francois Malherbe (Bol) - 2019) **Provincial Record = 2396.15** (Stored Record - Previous) **Open Record = 2385.35** (Matthew Van Collier - 2019-10-19)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	2658	Matthew	Van Collier	EP A Team	04:56.75	1156.25	00:59.09	1229.1	2385.35 (open)
2	6855	Ruan	Le Roux	EP A Team	05:16.67	1056.65	01:04.37	1176.3	2232.95
3	6634	Connor	Bagley	EP A Team	05:18.17	1049.15	01:03.84	1181.6	2230.75
4	90053	Landre	Botes	EDEN A Team	05:21.31	1033.45	01:06.91	1150.9	2184.35
5	3298	Hugo	Nothnagel	EP A Team	05:17.37	1053.15	01:11.81	1101.9	2155.05
6	90058	Tiaan	Visser	EDEN A Team	05:32.77	976.15	01:12.37	1096.3	2072.45
7	90010	Christo	Van Tonder	EDEN A Team	05:29.17	994.15	01:15.42	1065.8	2059.95
8	90009	Hanre	Jubelis	EDEN A Team	05:27.26	1003.7	01:17.24	1047.6	2051.3
9	1067	Francois	Vosloo	EP B Team	05:32.16	979.2	01:15.95	1060.5	2039.7
10	8447	Evan	Coetzee	EP B Team	05:31.72	981.4	01:16.37	1056.3	2037.7
11	70978	Cobus	Botes	SFS A Team	05:58.18	849.1	01:04.63	1173.7	2022.8
12	1219	Ryan	Thiersen	EP B Team	05:46.16	909.2	01:11.78	1102.2	2011.4
13	90075	Declan	Kiewiets	EDEN B Team	05:30.94	985.3	01:21.63	1003.7	1989
14	8112	Kai	Whitaker	EP C Team	05:40.25	938.75	01:18.28	1037.2	1975.95
15	8704	AJ	Schenk	EP B Team	05:44.30	918.5	01:16.27	1057.3	1975.8
16	7146	Zadriaan	Gouws	EP B Team	04:58.87	1145.65	01:44.06	779.4	1925.05
17	90012	Luke	Steenkamp	EDEN B Team	05:39.76	941.2	01:24.94	970.6	1911.8
18	90059	Ruan	Coetzee	EDEN B Team	05:32.13	979.35	01:31.60	904	1883.35

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
19	9617	Logan	Croft	EP C Team	06:22.91	725.45	01:10.03	1119.7	1845.15
20	5596	Burrie	Van Heerden	EP C Team	05:44.99	915.05	01:40.47	815.3	1730.35
21	9824	Stefan	Vorster	EP C Team	05:39.58	942.1	01:49.21	727.9	1670

## Under 15 Girls

SA Record = 2461 (Toni Rafferty (EP) - 2016) Provincial Record = 2461 (Stored Record - Previous) Open Record = 2409 (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	772	Anke	Serfontein	EP A Team	03:07.07	1184.65	01:05.41	1195.9	2380.55
2	784	Zanri	Black	EP A Team	03:05.47	1192.65	01:11.60	1134	2326.65
3	981	Robyn Susan	Hough	EP A Team	03:22.05	1109.75	01:06.25	1187.5	2297.25
4	704	Lizé	Muller	EP A Team	03:38.17	1029.15	01:04.95	1200.5	2229.65
5	90036	Jancke	Potgieter	EDEN A Team	03:19.76	1121.2	01:14.97	1100.3	2221.5
6	90048	Petro Marie	Fourie	EDEN A Team	03:28.75	1076.25	01:11.07	1139.3	2215.55
7	6547	Christine Mari	Le Roux	EP B Team	03:21.08	1114.6	01:21.25	1037.5	2152.1
8	90102	Cherise	Spangenberg	EDEN A Team	03:30.06	1069.7	01:18.50	1065	2134.7
9	1202	Jodi	Wilson	EP A Team	03:47.21	983.95	01:10.95	1140.5	2124.45
10	1035	Ilze	Hattingh	EP B Team	03:34.05	1049.75	01:19.06	1059.4	2109.15
11	90105	Ninke	Griffioen	EDEN B Team	03:36.40	1038	01:18.10	1069	2107
12	90037	Emma	Van der Westhuysen	EDEN A Team	03:29.49	1072.55	01:23.94	1010.6	2083.15
13	2583	Jessica	Smailes	EP B Team	03:27.58	1082.1	01:27.35	976.5	2058.6
14	7502	Kayla	Goosen	EP B Team	03:51.60	962	01:21.54	1034.6	1996.6
15	90104	Emma	Lutsch	EDEN B Team	03:27.85	1080.75	01:36.94	880.6	1961.35
16	7368	Karla	Goosen	EP B Team	03:52.10	959.5	01:27.79	972.1	1931.6
17	2702	Drew	Dobinson	EP C Team	03:54.47	947.65	01:31.59	934.1	1881.75

## Under 17 Boys

SA Record = 2370.15 (Gean Viljoen (SFS) - 2019) Provincial Record = 2339.60 (Stored Record - Previous) Open Record = 2300.9 (Wehan Smith - 2019-10-19)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	536	Wehan	Smith	EP A Team	04:42.76	1131.2	01:04.03	1169.7	2300.9 (open)
2	955	Christian	Appels	EP A Team	05:01.57	1037.15	01:01.18	1198.2	2235.35
3	7420	Kyle	White	EP A Team	05:11.80	986	00:58.09	1229.1	2215.1
4	90005	De wit	Botma	EDEN A Team	04:54.97	1070.15	01:10.31	1106.9	2177.05
5	90007	Deon	Horne	EDEN A Team	05:13.08	979.6	01:06.55	1144.5	2124.1
6	6500	Mxoleleni	Tabata	EP A Team	04:49.01	1099.95	01:20.06	1009.4	2109.35
7	70668	Len-Douglas	Mac Kay	SFS A Team	05:38.70	851.5	00:58.41	1225.9	2077.4
8	90096	Herman	Knoetze	EDEN A Team	04:57.12	1059.4	01:19.58	1014.2	2073.6
9	1195	Dillan	Swanepoel	EP A Team	05:02.85	1030.75	01:18.53	1024.7	2055.45
10	90101	Stef	Schoeman	EDEN A Team	05:21.45	937.75	01:10.03	1109.7	2047.45
11	6941	Terrence	Oelofse	EP B Team	04:56.12	1064.4	01:24.56	964.4	2028.8
12	90109	Hagan	Reinstorf	EDEN A Team	05:39.12	849.4	01:04.48	1165.2	2014.6
13	90086	Pieter	Terblanche	EDEN B Team	05:22.34	933.3	01:15.12	1058.8	1992.1
14	5498	Zack	Serfontein	EP B Team	05:21.43	937.85	01:21.03	999.7	1937.55
15	9849	Avumile	Pantsho	EP C Team	05:20.47	942.65	01:22.34	986.6	1929.25
16	90092	Divan	Oosthuizen	EDEN B Team	05:30.42	892.9	01:17.50	1035	1927.9
17	1285	Marnus	Smit	EP B Team	05:33.33	878.35	01:18.28	1027.2	1905.55
18	90110	Lodewyk	Le Grange	EDEN B Team	05:29.29	898.55	01:25.22	957.8	1856.35
19	90095	Pieter	Van Zyl	EDEN B Team	05:40.61	841.95	01:22.71	982.9	1824.85
20	1287	Nicolaas	Du Plessis	EP B Team	05:52.49	782.55	01:19.35	1016.5	1799.05
21	6683	Gerhard	Viljoen	EP C Team	05:54.89	770.55	01:18.97	1020.3	1790.85
22	4910	Luaan	Van der Merwe	EP C Team	06:17.73	656.35	01:08.27	1127.3	1783.65

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
23	20572	Eljuandro	Spogler	BOR A Team	05:45.49	817.55	01:25.06	959.4	1776.95
24	7578	Henro	Van Der Merwe	EP C Team	06:12.91	680.45	01:19.77	1012.3	1692.75
25	9345	Monwabisi	Goosen	EP C Team	05:21.86	935.7	01:45.57	754.3	1690
26	1145	Rohan	Van Der Merwe	EP B Team	00:00.00	0	01:16.10	1049	DNF

## Under 17 Girls

**SA Record = 2472** (Alexandra Quenet - 2011) **Provincial Record = 2437** (Karla Scheffer - 2019-03-30) **Open Record = 2472** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	90107	Elize	Smook	EDEN A Team	03:27.60	1082	01:14.16	1108.4	2190.4
2	936	Kerri-Lee	Barnard	EP A Team	03:46.12	989.4	01:07.35	1176.5	2165.9
3	90093	Jandri	Snyders	EDEN A Team	03:15.24	1143.8	01:25.66	993.4	2137.2
4	873	Anke	Scheffer	EP A Team	03:32.70	1056.5	01:26.74	982.6	2039.1
5	90108	Corli-Mare	Griffioen	EDEN A Team	03:54.74	946.3	01:24.24	1007.6	1953.9
6	6239	Elmien	Hartsief	EP B Team	03:44.39	998.05	01:35.36	896.4	1894.45
7	90097	Anika	Snyders	EDEN A Team	04:08.20	879	01:34.88	901.2	1780.2
8	9022	Rachael	King	EP C Team	04:01.23	913.85	01:42.31	826.9	1740.75

## Under 19 Boys

**SA Record = 2360.00** (Retief Ochse (WP) - 2019) **Provincial Record = 2318.55** (Cody Coombe-Davis - 2019-10-19) **Open Record = 2318.55** (Cody Coombe-Davis - 2019-10-19)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	870	Cody	Coombe-Davis	EP A Team	04:46.09	1114.55	01:00.60	1204	2318.55 (prov) (open)
2	90062	Tiaan	Els	EDEN A Team	04:55.76	1066.2	01:04.81	1161.9	2228.1
3	1205	Damian	Smith	EP A Team	04:38.81	1150.95	01:17.37	1036.3	2187.25
4	5040	De-Leon	Strydom	EP B Team	04:45.00	1120	01:23.62	973.8	2093.8
5	90006	Adriaan	De Bruyn	EDEN A Team	05:20.78	941.1	01:06.60	1144	2085.1
6	811	Robert	Honiball	EP A Team	05:07.86	1005.7	01:13.56	1074.4	2080.1
7	1286	Jean	Snyman	EP B Team	05:44.63	821.85	01:12.73	1082.7	1904.55
8	90060	Tinus	Botes	EDEN A Team	05:21.20	939	01:37.53	834.7	1773.7
9	1144	IP	Van Der Merwe	EP B Team	00:00.00	0	01:12.91	1080.9	DNF
10	9433	Alutha	Masele	EP A Team	00:00.00	0	01:25.53	954.7	DNF

## Under 19 Girls

**SA Record = 2485** (Marinda Oosthuizen - 2005) **Provincial Record = 2408** (Stored Record - Previous) **Open Record = 2485** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	940	Tyra	Roosendaal	EP A Team	03:39.29	1028.55	01:08.85	1171.5	2200.05
2	7303	Gemma	Oosthuizen	EP A Team	03:51.25	968.75	01:16.65	1093.5	2062.25
3	6066	Kaitlyn	Wolff	EP B Team	03:43.20	1009	01:24.43	1015.7	2024.7
4	1078	Melissa	Hamilton	EP A Team	03:41.24	1018.8	01:26.04	999.6	2018.4
5	1295	Jade	Shires	EP B Team	03:59.16	929.2	01:25.17	1008.3	1937.5
6	2550	Elia	Railton	EP B Team	04:11.87	865.65	01:26.79	992.1	1857.75

## Senior (Open) Men

**SA Record = 2397.90** (Dylan Kruger - (CG) - 2019) **Provincial Record = 2330.90** (Stored Record - Previous) **Open Record = 2187.6** (Gareth Vorster - 2019-10-19)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	325	Gareth	Vorster	EP A Team	05:15.92	940.4	00:56.28	1247.2	2187.6 (open)
2	9531	Axolile	Mbeki	EP A Team	05:20.18	919.1	01:17.69	1033.1	1952.2
3	237	Armin	Swartz	EP A Team	05:56.68	736.6	01:03.40	1176	1912.6

## Senior (Open) Ladies

**SA Record = 2525** (Edith Otterman - 1995) **Provincial Record = 2427** (Stored Record - Previous) **Open Record = 2467** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	7963	Heleen	Lombard	EP A Team	03:37.77	1036.15	01:24.41	1045.9	2082.05

## Jnr Veteran Men

**SA Record = 2435** (Charles Beaurain - 2018) **Provincial Record = 2247** (Stored Record - Previous) **Open Record = 2305** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	7851	Dawie	Van Zyl	EP A Team	03:39.29	888.55	01:20.50	1005	1989.55
2	9064	Hendrik	Potgieter	EP A Team	03:29.95	935.25	01:33.56	874.4	1897.65
3	5312	Willem	Lombard	EP A Team	03:48.22	843.9	01:18.72	1022.8	1890.7
4	5400	Yonwaba	Sipeliti	EP A Team	03:44.47	862.65	01:47.37	736.3	1686.95

## Jnr Veteran Ladies

**SA Record = 2397.95** (Lize-Ahn Aucamp (WP) - 2019) **Provincial Record = 2291.75** (Chantel Verwey - 2018-09-15) **Open Record = 2154.3** (Elizet Brits - 2019-10-19)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	620	Elizet	Brits	EP A Team	04:05.61	925	01:09.47	1205.3	2154.3 (open)

## Veteran Men

**SA Record = 2517** (Nicholas Theron - 2016) **Provincial Record = 2351** (Stored Record - Previous) **Open Record = 2459** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	20570	Rodney	Westgate	BOR A Team	02:51.98	1160.1	01:05.59	1204.1	2454.2
2	90112	Walter	Lutsch	EDEN A Team	02:52.39	1158.05	01:14.35	1116.5	2304.55
3	8817	Dwayne	Kemp	EP A Team	02:58.65	1126.75	01:13.47	1125.3	2297.05
4	6449	Iain	Barrow	EP A Team	03:37.21	933.95	01:11.09	1149.1	2143.05
5	90113	Johan	Griffioen	EDEN A Team	03:14.77	1046.15	01:29.38	966.2	2132.35
6	90038	Herman	Spangenberg	EDEN A Team	03:44.93	895.35	01:14.65	1113.5	2128.85
7	5075	Nick	Baxter	EP A Team	03:42.41	907.95	01:23.74	1022.6	1930.55
8	20812	Timothy	Stones	BOR A Team	03:07.21	1083.95	01:48.60	774	1857.95

## Veteran Ladies

**SA Record = 2496** (Ilse Beukman - 2013) **Provincial Record = 2374** (Stored Record - Previous) **Open Record = 2474** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	6036	Yolande	Baxter	EP A Team	04:00.21	950	01:17.12	1168.8	2148.8

## SNR Veteran Men

**SA Record = 2525** (Willie Wilson - 1997) **Provincial Record = 2396** (Stored Record - Previous) **Open Record = 2440** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	819	Freek	Smith	EP A Team	03:39.79	1006.05	01:27.54	1044.6	2140.65

## SNR Veteran Ladies

**SA Record = 2513** (Viv Williams - 2017) **Provincial Record = 2497** (Stored Record - Previous) **Open Record = 2497** (Stored Record - Previous)

0 results

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
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## Masters Men

**SA Record = 2450.63** (Johan Windt (Eden) - 2019) **Provincial Record = 2315.6** (Gordon Roy Wessels - 2019-10-19) **Open Record = 2442.15** (Michael Forbes - 2019-10-19)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	20772	Michael	Forbes	BOR A Team	02:37.89	1145.55	00:35.15	1221.6	2442.15 (open)
2	949	Gordon Roy	Wessels	EP A Team	03:09.60	987	00:33.15	1253.6	2315.6 (prov)

## Masters Ladies

**SA Record** = 2313.56 (Stefanie Classen - Unofficial - 2018) **Provincial Record** = 2572 (Stored Record - Previous) **Open Record** = 2271.01 (Anita Louw - 2019-10-19)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	20663	Anita	Louw	BOR A Team	03:45.27	1053.65	00:41.54	1167.36	2271.01 (open)

## SNR Masters Men

**SA Record** = ( - ) **Provincial Record** = 2044 (Kierie Stabbert - 2019-08-26) **Open Record** = ( - )

0 results

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
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## Special Needs Male

**SA Record** = 3500 (Not Applicable - 2018) **Provincial Record** = N/A **Open Record** = 3057.04 (Damian Smith - 2019-10-19)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	90094	Damian	Smith	EDEN A Team	01:05.28	1423.6	00:30.41	1633.44	3057.04 (open)
2	90136	Landre	Cope	EDEN A Team	01:04.98	1425.1	00:42.84	1434.56	2859.66
3	6779	Neil	Nortje	EP A Team	01:36.11	1269.45	00:50.44	1312.96	2582.41
4	20811	BRANDAN	Stones	BOR A Team	03:47.28	613.6	02:39.78	0	613.6

## Special Needs Female

**SA Record** = 3500 (Not Applicable - 2018) **Provincial Record** = N/A **Open Record** = 2527.56 (Rentia Oosthuizen - 2018-10-20)

Pos	SA Number	First Name	Last Name	Province	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	20813	Mercia	Van Der Merwe	BOR A Team	02:13.68	1081.6	02:19.03	0	1081.6