



SOUTH AFRICAN BIATHLON ASSOCIATION SUID-AFRIKAANSE TWEKAMP VERENIGING

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'A truly South African family sport.'

SUID-AFRIKAANSE TWEKAMP: PRESIDENT SE JAARVERSLAG – AANGEBIED BY DIE 2022 ALGEMENE JAARVERGADERING GEHOU OP 29 APRIL 2022 OP DIE 'ZOOM' VIRTUELE PLATFORM

Dear Biathlon National Executive and Provincial Delegates:

Allow me to present the **2022 Annual President's Report of the South African Biathlon Association at the Annual General Meeting of this Association.**

This AGM is in preparation for the **45th South African Biathlon Championships to be hosted in Gqeberha / Port Elizabeth.** We have had more AGMs than SA Championships due to the two 'lost' years when the SA Championships, which was planned for Oudtshoorn on 20, 21 March 2020 and 2, 3 April 2021, had to be cancelled because of the Covid-19 pandemic.

We have now endured two years of the **National State of Disaster and lockdown**, albeit now on adjusted Level 1. We are slowly returning to a more normal way of living (new normal?) with the virus after four big waves, but the pandemic is not over yet and a fifth wave might strike in early May. However, the current regulations allow us to return to the track and pool in full force – even though we need to still be careful and vigilant.

For the third year running, we have our **AGM on a virtual platform.** I know we are all eager to meet face-to-face again, but we have a special programme for Friday evening after the march-pass and official opening. Apart from an extended President's Function, the whole stadium will also be a venue for all parents and athletes to relax, eat and 'kuier'. We want to establish our **family brand** at our meetings and activities and feel that this programme will be a good way to celebrate the return to active competition – where we can all socialise in a relaxed setting and environment, without the rush and stress of a meeting and being away from our teams and people. Please invite all your parents to stay on after the opening and to enjoy the festivities. This will be the theme for the whole weekend, including the Gala Dinner and Prize Giving Function on Saturday evening.

Ons huidige **inskrywings** vir SAs staan op 869 atlete – die grootste SA Kampioenskappe nóg. Ons het wel toegewings vir meer atlete gedoen, maar dit was nodig om die sport weer te groei en 'n opgewondenheid te kweek. Alle atlete moes nog steeds aan die kwalifiseringstandaarde voldoen en het dalk net hierdie vonkie nodig om gemotiveer te raak en nog meer maats saam te bring.

'n **Ontleding van die aantal atlete** wys die volgende:

Age Group / Prov.	BOL	BOR	CG	EDE	EP	GN	GRI	KZN	LIM	MP	NFS	NW	SFS	WP	TOT
Junior Ladies			1		2				1			1	3	2	10
Junior Men	1			2	2	2						1		2	10
Masters 40+ Men	2				2	5	4	1	1					6	21
Masters 40+ Ladies		2		1	1	2	2	1	1			2	1	4	17
Masters 50+ Men	2	1		2	1				1		1	2		4	14
Masters 50+ Ladies	3		1		1	1	1	1				1		3	12
Masters 60+ Men	2	1		2	1	1	1				1			3	12
Masters 60+ Ladies		1		1	1	1								1	5
Masters 70+ Men	1			1		2							1	2	7
Masters 70+ Ladies				1		2				1				1	5
Senior Ladies	4			1		1	3					1		3	13
Senior Men	3				4	3	1					2	2	5	20
Special Needs F					1										1
Special Needs M		1											1	2	4
Under 11 Boys	9	3	1	6	10	7	4	4	1	4	7	3	5	8	72
Under 11 Girls	9	4		8	5	2	3	1	2		6	5	7	7	59
Under 13 Boys	9	2		6	8	5	6	7	3	2	4	4	8	9	73
Under 13 Girls	9	4	2	9	8	5	4	9	1	5	6	3	7	6	78
Under 15 Boys	7	2	2	7	7	6	3	3	2		9	6	5	9	68
Under 15 Girls	8	3		10	7	1	5	5	2	6	4	6	8	7	72
Under 17 Boys	8	3	1	7	7	10	9	3	2	1	6	3	3	8	71
Under 17 Girls	3			5	7	3	2	4	1	1	3	4	6	9	48
Under 19 Boys	4		1	7	7	9	7	3	1	2	5	4	3	4	57
Under 19 Girls	3		1	6	5	2	6	5	1		3	4	6	4	46
Under 9 Boys	9			6	4	3	2		3	1			5	6	39
Under 9 Girls	5	7		3			4	1		1	2	1	5	6	35
Grand Total	101	34	10	91	91	73	67	48	23	24	57	53	76	121	869

Baie geluk aan die provinsies wat groot spanne gekies het. Daar is goeie werk gedoen en die sport het mooi gegroei. Daar lê egter nog harde werk voor vir sommige provinsies. Maar nou behoort Covid nie meer die skuld vir alles te kry

nie en almal kan nou weer begin beplan, reël en deelneem. Julle moet skole en onderwysers betrek – die Skolekompetisie was 'n goeie breinkind en het deelname – en opgewondenheid – verhoog. Die inskrywings is baie goed in die laer ouderdomsgroepe – wat bemoedigend is, ook vir die toekoms – maar ons sal hard moet werk aan ons senior atlete – die pa's, ma's en selfs grootouers.

Wat **Provinsiale Besture** betref, het ons 'n paar nuwe gesigte. Baie welkom aan die volgende nuwe Provinsiale Voorsitters: Pierre Spies by Gauteng-Noord en Arno Opperman by Griekwaland-Wes. Ook welkom aan nuwe sekretariële bestuurders, ondervoorsitters en addisionele lede. Ons sal almal, soos die uitdrukking sê, nou skouer aan die wiel moet sit om Tweekamp te ontwikkel en op te bou. Die getalle wys waar daar nog baie werk voorlê. Ons moet ook seker maak dat daar suksessiebeplanning is waar bestuurslede begin dink aan aftree, asook 'n ordentlike oorhandiging en mentorskap van nuwe bestuurders en lede.

During the President's Annual Report last year, I confirmed the criteria to be a member of SA Biathlon. This is so important, that I want to state it again:

By-Law 1: CRITERIA TO BE A MEMBER:

To be a member, a province must:

1. Have a Committee of at least 3 members, elected at an AGM:
 - Chairperson
 - Treasurer
 - Secretary

2. Hold Meetings:
 - Minimum of 2 league meetings
 - Participate at official Interprovincial Championships
 - Provincial Championships
 - Schools' competition
 - League fixtures to SA Biathlon in September

3. Must have a Constitution to be approved by SA Biathlon

4. Must hold an AGM:
 - Chairman Annual report after AGM to SA Biathlon

5. Finance must be in order:
 - Financial report (tabled at AGM and sent to SA Biathlon)
 - Bank account
 - Budget
 - Asset register

6. Must sign a code of conduct.

All Provincial Management committees must submit these documents and proof within the next three months, thus by Thursday 30 June 2022.

Thank you to the provinces for holding the fort during two difficult pandemic years, and for activating systems so quickly to get functional again and ready to participate in the SA Championships. But we need now to confirm all structures in place and active.

I know that we all experience **financial** challenges, and that it will also manifest in payments of fees and participation in meetings. The current war in the Ukraine might have a domino effect on all of us and we need to manage it carefully. But we also need to expand our own operations and ensure that the SA Biathlon Association with its deliverables is managed effectively. We invested in an upgrade of the Biathlon computer points system – which is the backbone of our administration of meetings and results. The old programme was difficult to maintain and upgrade and the programme cost for new users / computers was very expensive. This necessitated a substantial financial investment which was partly sponsored, and the rest was paid by SA Biathlon. We cannot use all our funds for this and hence the Treasurer will make proposals for fee adaptations in order to facilitate this development, but also to ensure that we stay financially viable and strong. We have always maintained strong financial discipline and our sport must be one with the lowest registration fees, but we will have to adapt to ensure compliance and stability.

The discussions with **SAMPA** is slow and we will speed up on it in the next year. In December 2021, SA Biathlon presented a document to be tabled at the SAMPA AGM. For record purposes, the document is subjoined. A proposal was made in connection with South African Biathlon and World Schools Biathlon. It

was specified that it is intended that SABA will manage Biathlon, on the World Schools Biathlon principle, as a 'leg' of SAMP, given its proven track record and established culture and strong athlete, school, club, officials and supporter base in South Africa, with its constitution aligned with SAMP. SABA's Members already approved and adapted its technical rules to be aligned with WSB, with small additions based on experience.

The proposal to SAMP dealt specifically with the following:

- **Age Groups:**
The same age groups as the UIPM age groups were adopted including the Seniors and Masters groups as well as the Special Needs category, as we are already implementing.
- **Methodology used to determine the points system:**
 - **Base 1000 points**
Median run times and median swim times determined for each age group as a starting base for the 1000 points per discipline.
 - **Bonus points**
Bonus points have been traditionally allocated to older age groups to account for natural performance deterioration with age.
- **Proposed Distance and Points System:**
 - **Points Table:**



SOUTH AFRICA Biathlon Association

Times needed for 1 000 points effective 1 July 2021 (Updated Jan 2022)

AGE GROUP	For 2022 Season		RUNNING		SWIMMING		BONUS POINTS per year over base
	Year Born	Age end of 2022	Distance	Time	Distance	Time	
Girls/Ladies							
u/08	2015 & later	7 & younger	400	2 min 00	25	0 min 35	0
u/09	2014	8	400	1 min 55	50	1 min 01	0
u/11	2012-2013	9 & 10	400	1 min 37	50	0 min 48	0
u/13	2010-2011	11 & 12	800	3 min 05	50	0 min 39	0
u/15	2008-2009	13 & 14	800	2 min 59	100	1 min 18	0
u/17	2006-2007	15 & 16	800	2 min 59	100	1 min 18	0
u/19	2004-2005	17 & 18	800	2 min 59	100	1 min 17	0
Juniors	2001-2003	19 - 21	800	2 min 55	100	1 min 16	0
Seniors	1983-2000	22 - 39	800	3 min 10	100	1 min 24	4
Master 40+	1973-1982	40 - 49	800	3 min 20	100	1 min 34	5
Master 50+	1963-1972	50 - 59	800	3 min 40	100	1 min 38	6
Master 60+	1953-1962	60 - 69	400	1 min 40	50	0 min 52	8
Master 70+	1952 & earlier	70 & older	400	1 min 55	50	1 min 00	11
Special needs	Any date	Any age	400	2 min 00	50	0 min 45	0

AGE GROUP	For 2022 Season		RUNNING		SWIMMING		BONUS POINTS per year over base
	Year Born	Age end of 2022	Distance	Time	Distance	Time	
Boys/Men							
u/08	2015 & later	7 & younger	400	1 min 58	25	0 min 33	0
u/09	2014	8	400	1 min 45	50	0 min 59	0
u/11	2012-2013	9 & 10	400	1 min 31	50	0 min 47	0
u/13	2010-2011	11 & 12	800	3 min 01	50	0 min 38	0
u/15	2008-2009	13 & 14	800	2 min 53	100	1 min 16	0
u/17	2006-2007	15 & 16	800	2 min 39	100	1 min 08	0
u/19	2004-2005	17 & 18	800	2 min 33	100	1 min 07	0
Juniors	2001-2003	19 - 21	800	2 min 36	100	1 min 08	0
Seniors	1983-2000	22 - 39	800	2 min 38	100	1 min 14	4
Master 40+	1973-1982	40 - 49	800	2 min 45	100	1 min 24	5
Master 50+	1963-1972	50 - 59	800	3 min 10	100	1 min 27	6
Master 60+	1953-1962	60 - 69	400	1 min 20	50	0 min 49	7
Master 70+	1952 & earlier	70 & older	400	1 min 30	50	0 min 57	10
Special needs	Any date	Any age	400	2 min 00	50	0 min 45	0

Points allocation:

Athletes will receive or lose 2 points for every 1 second from the run target time and 5 points for every 1 second from the target swim time, except for athletes running 800m and swimming 50m they will receive or lose 2 points for every 1 second from the run target time and 10 points for every 1 second from the target swim time (Under

13 age group). For under 13 the 400m run was too short and the 100m swim too far, hence the only deviation from the WSB distances.

SAMPA confirmed on 13 December 2021 the following: *'Hiermee kan ek bevestig dat die mosie by SAMPA se AJV eenparig aanvaar en goedgekeur is dat daar voortgegaan kan word met die voorgestelde samewerking ooreenkoms tussen SABA en SAMPA ten bate van beide partye.'*

The South African Biathlon Association has already amended the following:

- Age groups – to be in line with those used by the UIPM,
- Distances – to be in line with UIPM WSB (with some exceptions and additions),
- Benchmark times for new age groups and distances,
- The points allocation to match the above changes.

This process will now be driven by the two Executives.

This SA Championships will now be the first one where the **new age groups and distances** will be applied, as well as the new Biathlon computer points system being used. We would like to believe that the numbers registered is an indication of the acceptance and success of the new distances specifically and will have to see and do retrospect after the meeting. The points will also be a dynamic process and the more meetings and data we gather, the better the statistics and benchmarks can be adapted.

A major achievement that I would like to report on, is the opening of the **SA Biathlon Museum at the Highgate Ostrich Farm** on 5 February 2022. This was done after the very successful 30th DCAS / Greater Oudtshoorn / Highgate Interprovincial where 435 athletes from 7 Provinces participated – surely the blueprint for regional interprovincial meetings that must be emulated by the Central and North Regions. Ons is baie groot dank verskuldig aan Johan Keller, die eienaar van Highgate, wat 'n lokaal beskikbaar gestel het waar ons bekere en ander Tweekamp artefakte uitgestal word in pragtige vertoonkaste met 'n TV wat videobeelde van Tweekamp wys. Hierdie was die breinkind van Gerhard Louwrens om Tweekamp visueel uit te beeld en te bemark. Saam met veral Dave van der Walt het hulle nou gesorg dat Tweekamp 'n 'tuiste' het waar van ons belangrikste geskiedenis uitgestal en besigtig kan word. Die

trofeë het al erg verniel met jaarlikse rondkarwei en kan nou deur almal gesien word – en gaan maak gerus 'n draai by Highgate. Die oorspronklike trofeë is vervang met wisseltrofeë wat makliker sal vervoer en terugbesorg word.



My opregte dank weerens aan al die lede van die **SA Uitvoerende Bestuur**. Almal in Tweekamp verrig 'n liefdestaak, maar veral die bestuurslede op Provinsiale en Nasionale vlak. Die SA Bestuur het werklik groot insette gelewer op verskeie terreine: die vele veranderings – ten goede – en reëlins die afgelope jare getuig daarvan. Daar word al hoe meer vergaderings, al is dit virtueel, gehou en meer vereis wat betref insette en ondersteuning. Die SA Vise-President, Gerhard Louwrens, lewer 'n enorme bydrae met nuwe idees, skakeling met provinsies en reëlins, soos nou ook weer met die SA Kampioenskappe. Hy is ook baie aktief met die bemarking en bevordering van die handelsmerk ('branding') van Tweekamp. Baie dankie aan elke SA Bestuurslid vir julle ondersteuning, instette en leierskap.

Ons neem ook **afskeid** van twee kollegas / vriende wat oor baie jare 'n groot bydrae gemaak het in Tweekamp in die algemeen maar veral op Bestuursvlak.

Ananda Blignaut-de Waal, ons Tesourier, is al sedert 13-jarige ouderdom by Tweekamp betrokke – saam met haar oom, Charel Blignaut. Sy het sedert 2002 op die Gauteng-Noord Bestuur gedien en vanaf 2003 was sy die Tesourier van Gauteng-Noord. In 2012 is sy as die Tesourier van die SA Tweekampbestuur verkies en sederdien die finansiële leisels met 'n ysterhand vasgehou – ons skoon audits en gunstige finansiële balans getuig daarvan. Ananda, dankie vir jou insette en grasie wat jy na ons vergaderings, maar ook na die Vereniging gebring het. Beste wense Ananda.

Johan Ferreira, ons Sekretaris, het sedert 2007 op die WP Bestuur gedien en sedert 2017 as Sekretaris van die SA Bestuur. Johan sal onthou word vir sy vinnige vrystelling en verspreiding van die notules van SA Bestuursvergaderings en AJVs. Johan was ook instumenteel in die aanpassing van die tye en punte van die SA Tweekamp punteprogram en aanpassings om die ouderdomsgroepe te standaardiseer en mededingend te maak, asook die ontwikkeling van die nuwe ouderdomsgroepe en puntetoekennings. Die reelings van ons vergaderings, veral die virtuele vergaderings met vele elekroniese uitdagings, is baie baie goed deur hom hanteer. Ons wens Johan sterkte toe met sy nuwe IT Betaalstaatmaatskappy op die Eiland van Man.

Ons het nog nie die **verkieping** van nuwe lede hanteer nie, maar daar is slegs die regte getal nominasies vir die aantal vakatures ontvang en die genomineerdes sal dus as verkose beskou word. Sonder om die agendapunt vooruit te loop, is ek baie tevrede met ons verteenwoordiging en nuwe bestuurslede wat ons kan help om verder te ontwikkel. Ek will ook weereens bevestig dat ek gereed maak om die leisels te begin oorhandig – ons het sterk leiers wat die Vereniging vorentoe kan neem.

Biathlon is still a truly South African family sport. We are on an upward trajectory and we have a very bright future. Thank you for your input, support and leadership, but we need to up the cadence now to achieve even more. Somebody once said, *'Don't look back, that is not where we are going'*. Let us tackle the future with vigor and vision to serve our participants and our children. This is a unique sport and a unique group of people – let us do justice to our sport in our deliberations this evening.

Baie dankie



Blackie Swart
President: SA Tweekamp
29 April 2022



'A truly South African family sport.'

PRESENTATION FOR BIATHLON

The history of Biathlon in South Africa is one of a much-loved '*truly South African family sport*' that has grown and developed over many years. From a very strong indigenous sporting code, it is ready to enter the world stage.

During the middle seventies, the South African Pentathlon Association (SAMPA) decided to develop two of the Pentathlon components, Running and Swimming, into a different code called Biathlon, to serve as a feeder for Modern Pentathlon. In 1986 '*The South African Modern Biathlon Association*' was founded as a separate Association with its own constitution and Management Council. This later changed to its current name of '*The South African Biathlon Association (SABA)*' and grew to a vibrant and popular sporting code with more than 2 000 registered athletes in South Africa.

The Executive Committee of SABA consists of a President, Vice President, Treasurer, Secretary, three additional members and honorary members, elected every year at the Annual General Meeting of members which coincides with the SA Championships in March /April where more than 800 top athletes compete. The members consist of 14 Provincial Associations which represents clubs and schools in a specific geographic area in SA. Proof of the stability and organisational strength of SABA is that only four people served as President since 1986 and the Association is financially viable and has received a clean audit every year.

In 1999 the UIPM requested SABA to pilot a new code, Biathle, as a continuous run-swim-run competition, after the SA Biathlon Championships. It was attended by the Director: Development of the UIPM. This was such a huge success that the UIPM launched the first Biathle World Championships in September 1999 in Monaco. The 2000 Biathle World Championships was presented by South Africa in Port Elizabeth (now Gqeberha), attended by 19 countries as well as the President of the UIPM. South African athletes excelled in all these competitions.

Although many South African athletes took part in both SAMPA's Biathle and Biathlon there was no close working relationship between the associations. Biathlon's competitiveness at national level is much higher than that of Biathle and the number of participants was many more than of Biathle. In 2019, 209 athletes participated in the SA Biathle Championships and 795 athletes participated in the 44th SA Biathlon Championships. Biathlon carries a lot of weight amongst sports people who enjoy a combination of running and swimming, all this while Biathlon did not have the luxury of been able to send their athletes to international competitions.

Although many athletes took part in both SAMPA's Biathle and Biathlon, unfortunately, there was for many years no close working relationship between the associations. The SAMPA proposal for the adjustment or modification of the current UIPM World Schools Biathlon stems from a strong history of Biathlon in South Africa and mimics what has been offered in South Africa for 35 years. SABA has extensive experience in the offering of Biathlon with statistical and empirical evidence that can be of immeasurable value to the UIPM.

In South Africa, SAMPA and SABA now has vibrant and visionary Executive Committees and have moved closer together. There were several meetings and substantial changes were implemented to facilitate a process of closer relationships. Both Associations realized that they will be stronger together – allowing massive development opportunity as well as

international competition to both – which will ultimately benefit both Pentathlon and Biathlon as sporting codes but also in participating athletes' numbers and financial viability. A Memorandum of Cooperation is planned to formalize the working relationship between the two Associations. It is intended that SABA will manage Biathlon, on the World Schools Biathlon principle, as a 'leg' of SAMPA, given its proven track record and established culture and strong athlete, school, club, officials and supporter base in South Africa, with its constitutions aligned with SAMPA. SABA's Members already approved and adapted its technical rules to be aligned with WSB, with small additions based on experience.

The South African Biathlon Association is ready to commit to this exciting new venture. This is a dynamic process, with both Associations eager to work together to build a stronger competitive basis and viable opportunities for athletes. After 35 years, the process has evolved a full circle... a *'truly family sport'* at home with an Olympic sport.

The South African Biathlon Association, with a proven track record, would also like to table a proposal to host a Biathlon World Championships in South Africa in 2022. This will be a major boost for both Biathlon and Pentathlon nationally and internationally.

We appreciate the opportunity to state our intention and vision and SA Biathlon is looking forward to this new partnership.



BLACKIE SWART

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South African Biathlon and World Schools Biathlon: Proposals

The key difference between Biathlon and WSB is that Biathlon awards points to an athlete according to their performance in the run and the swim. WSB simply adds the times together. Over many years of adjustments Biathlon has tried to balance the effort between swimming and running to make it fair so that not the swimmer nor the runner can score too many points in the one discipline.

In Biathlon you start with 1000 points for the run and 1000 points for the swim, with athletes and swimmers who perform better than the benchmark time have points added to their 1000 points and those who perform slower than the benchmark times have points deducted from

their 1000 points. Traditionally, a combined score of 2000 points has been the goal of most athletes.

During the course of this year the South African Biathlon Association has amended the following:

- Age groups – to be in line with those used by the UIPM
- Distances – to be in line with UIPM WSB (with some exceptions and additions)
- Benchmark times for new age groups and distances
- The points allocation to match the above changes

1. Age Groups:

Age determination for 2022		
Age group	Year born	Age in 2022
Under 8	2015 & earlier	7 & younger
Under 9	2014	8
Under 11	2012 - 2013	9 & 10
Under 13	2010 - 2011	11 & 12
Under 15	2008 - 2009	13 & 14
Under 17	2006 - 2007	15 & 16
Under 19	2004 - 2005	17 & 18
Juniors	2001 - 2003	19 - 21
Seniors	1983 - 2000	22 - 39
Master 40+	1973 - 1982	40 - 49
Master 50+	1963 - 1972	50 - 59
Master 60+	1953 - 1962	60 - 69
Master 70+	1952 & earlier	70 & older
Special needs	Any date	Any age

The same age groups as the UIPM age groups were adopted including the Seniors and Masters groups.

Additions:

Age Group	Year born	Age in 2022
Master 70+	1952 & earlier	70 & older
Special needs	Any date	Any age

2. Methodology used to determine the points system:

a. Base 1000 points

Utilizing the data of the trial events in 2020 held in conjunction between SAMPA and the SA Biathlon associations, the following Methodology was used to determine the target run and swim times per age group.

- Median run times and median swim times determined for each age group as a starting base for the 1000 points per discipline.
- The base times are used to calculate a dataset for each age group.

- The data sets were mapped to each other to create a linear fit to determine the relevance to each other.
- Each age group data set was refined using a ridge regression model to align the target points per discipline across age groups, to be equitable irrespective of age group

b. Bonus points

Bonus points have been traditionally allocated to older age groups to account for natural performance deterioration with age. This has been a key factor in ensuring the high participation rate for the Masters age groups in Biathlon:

Age determination for 2022			
Age group	Year born	Age in2022	Bonus
Seniors	1983 - 2000	22 - 39	2
Master 40+	1973 - 1982	40 - 49	5
Master 50+	1963 - 1972	50 - 59	5
Master 60+	1953 - 1962	60 - 69	7
Master 70+	1952 & earlier	70 & older	9

3. Proposed Distance and Points System:

a. Points Table



SOUTH AFRICA Biathlon Association

Times needed for 1 000 points effective 1 July 2021 (Updated Jan 2022)

AGE GROUP	For 2022 Season		RUNNING		SWIMMING		BONUS POINTS per year over base
	Year Born	Age end of 2022	Distance	Time	Distance	Time	
u/08	2015 & later	7 & younger	400	2 min 00	25	0 min 35	0
u/09	2014	8	400	1 min 55	50	1 min 01	0
u/11	2012-2013	9 & 10	400	1 min 37	50	0 min 48	0
u/13	2010-2011	11 & 12	800	3 min 05	50	0 min 39	0
u/15	2008 -2009	13 & 14	800	2 min 59	100	1 min 18	0
u/17	2006-2007	15 & 16	800	2 min 59	100	1 min 18	0
u/19	2004-2005	17 & 18	800	2 min 59	100	1 min 17	0
Juniors	2001-2003	19 - 21	800	2 min 55	100	1 min 16	0
Seniors	1983-2000	22 - 39	800	3 min 10	100	1 min 24	4
Master 40+	1973-1982	40 - 49	800	3 min 20	100	1 min 34	5
Master 50+	1963-1972	50 - 59	800	3 min 40	100	1 min 38	6
Master 60+	1953-1962	60 - 69	400	1 min 40	50	0 min 52	8
Master 70+	1952 & earlier	70 & older	400	1 min 55	50	1 min 00	11
Special needs	Any date	Any age	400	2 min 00	50	0 min 45	0

AGE GROUP	For 2022 Season		RUNNING		SWIMMING		BONUS POINTS per year over base
	Boys/Men	Year Born	Age end of 2022	Distance	Time	Distance	
u/08	2015 & later	7 & younger	400	1 min 58	25	0 min 33	0
u/09	2014	8	400	1 min 45	50	0 min 59	0
u/11	2012-2013	9 & 10	400	1 min 31	50	0 min 47	0
u/13	2010-2011	11 & 12	800	3 min 01	50	0 min 38	0
u/15	2008 -2009	13 & 14	800	2 min 53	100	1 min 16	0
u/17	2006-2007	15 & 16	800	2 min 39	100	1 min 08	0
u/19	2004-2005	17 & 18	800	2 min 33	100	1 min 07	0
Juniors	2001-2003	19 - 21	800	2 min 36	100	1 min 08	0
Seniors	1983-2000	22 - 39	800	2 min 38	100	1 min 14	4
Master 40+	1973-1982	40 - 49	800	2 min 45	100	1 min 24	5
Master 50+	1963-1972	50 - 59	800	3 min 10	100	1 min 27	6
Master 60+	1953-1962	60 - 69	400	1 min 20	50	0 min 49	7
Master 70+	1952 & earlier	70 & older	400	1 min 30	50	0 min 57	10
Special needs	Any date	Any age	400	2 min 00	50	0 min 45	0

b. Points allocation:

- Athletes will receive or lose 2 points for every 1 second from the run target time and 5 points for every 1 second from the target swim time.
- Exception: For athletes running 800m and swimming 50m they will receive or lose 2 points for every 1 second from the run target time and 10 points for every 1 second from the target swim time (Under 13 age group)
 - The Biathlon SA national and provincial heads determined that for Under 13 the 400m run was too short and the 100m swim too far, hence the only deviation from the WSB distances.

We are sure that these proposals, based on our experience, will make a positive contribution to the development of Biathlon.



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